SWIMMING BUDDIES

Fun & Friendship through Swimming

Our Journey to Swimming Buddies at Down Leisure Centre

This guide will give you an insight to your journey to the pool and some new faces you will meet along the way.



Let's follow Sammy Seahorse...

Welcome to Down Leisure Centre.



Comhairle Ceantair an Iúir, Mhúrn agus an Dúin
Newry, Mourne and Down District Council

2

Entrance to Down Leisure Centre.



3

Please pass through the barriers - take a minute to say ‘Hi’ to the reception team!



4

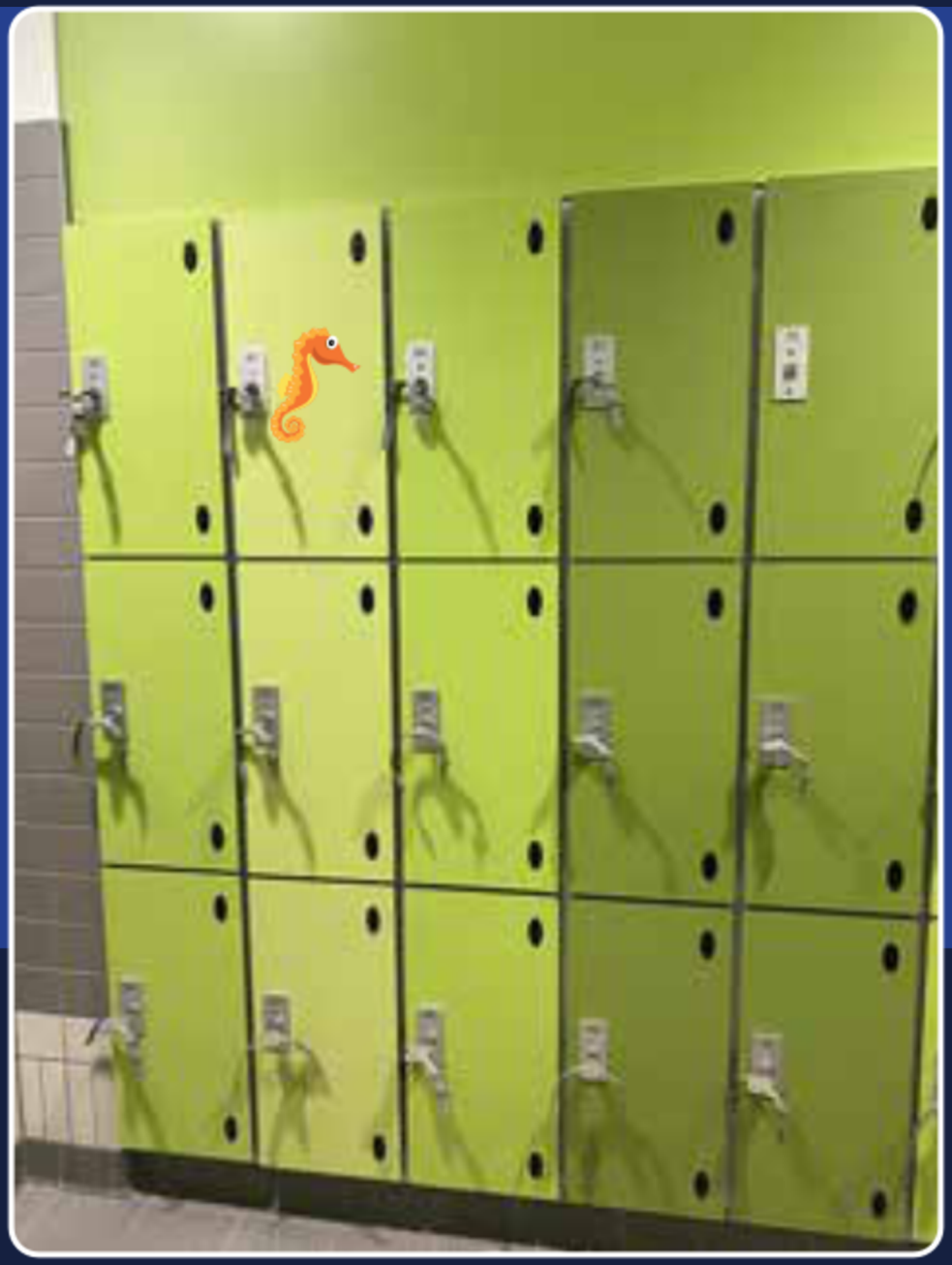
Please turn here to go into the changing rooms.



We have arranged for these changing rooms for our Buddies.



You are welcome to use the lockers for all your kit.



Follow this sign to poolside, your coach will meet you there.



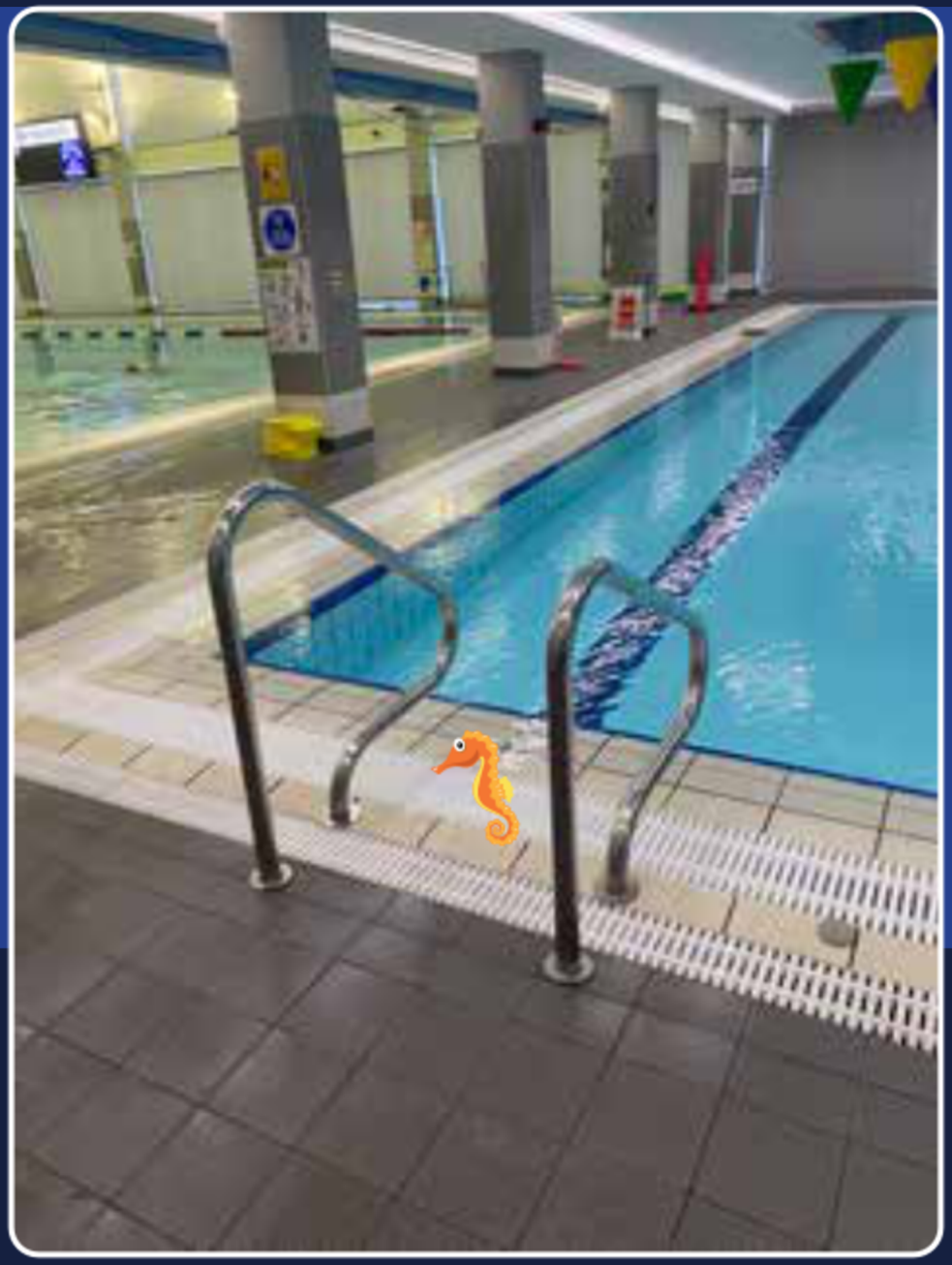
8

Welcome to our pool, we will wait for our coach to take us safely into the pool.



9

Our coach will help us safely enter the pool by the steps.



10

Our parents or carers are close by and can watch us from the spectators gallery.



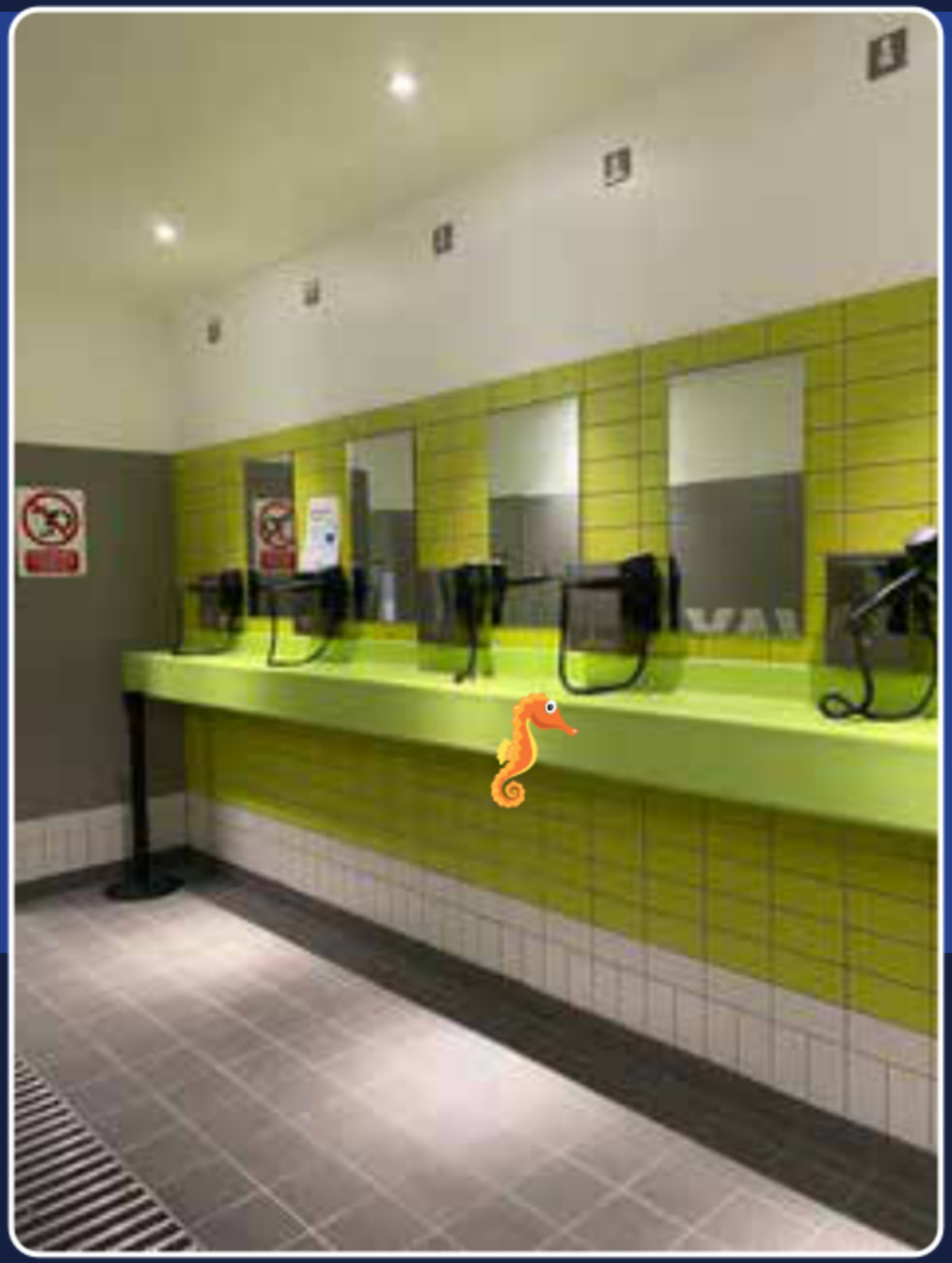
11

You are welcome to have a shower after your session.



12

You can use the hairdryers after your shower.



13

Please exit the changing rooms this way.



14

Please exit the building the way you came in.



15

Great session Buddies, see you soon!



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www.swimmingbuddies.co.uk