SWIMMING BUDDIES

Fun & Friendship through Swimming

Our Journey to Swimming Buddies at Templemore Baths Main Pool

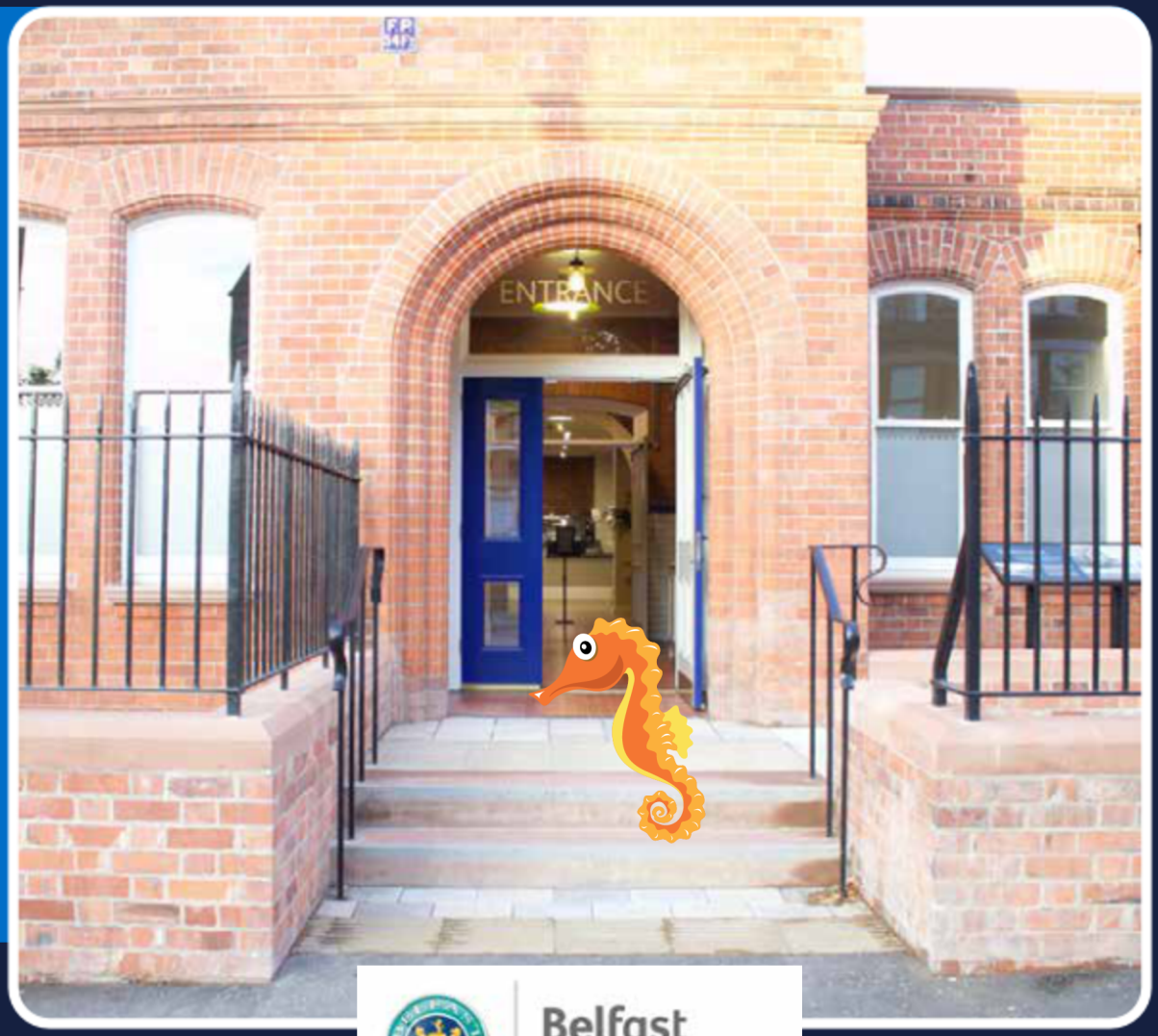
This guide will give you an insight to your journey to the pool and some new faces you will meet along the way.



Let's follow Sammy Seahorse...

1

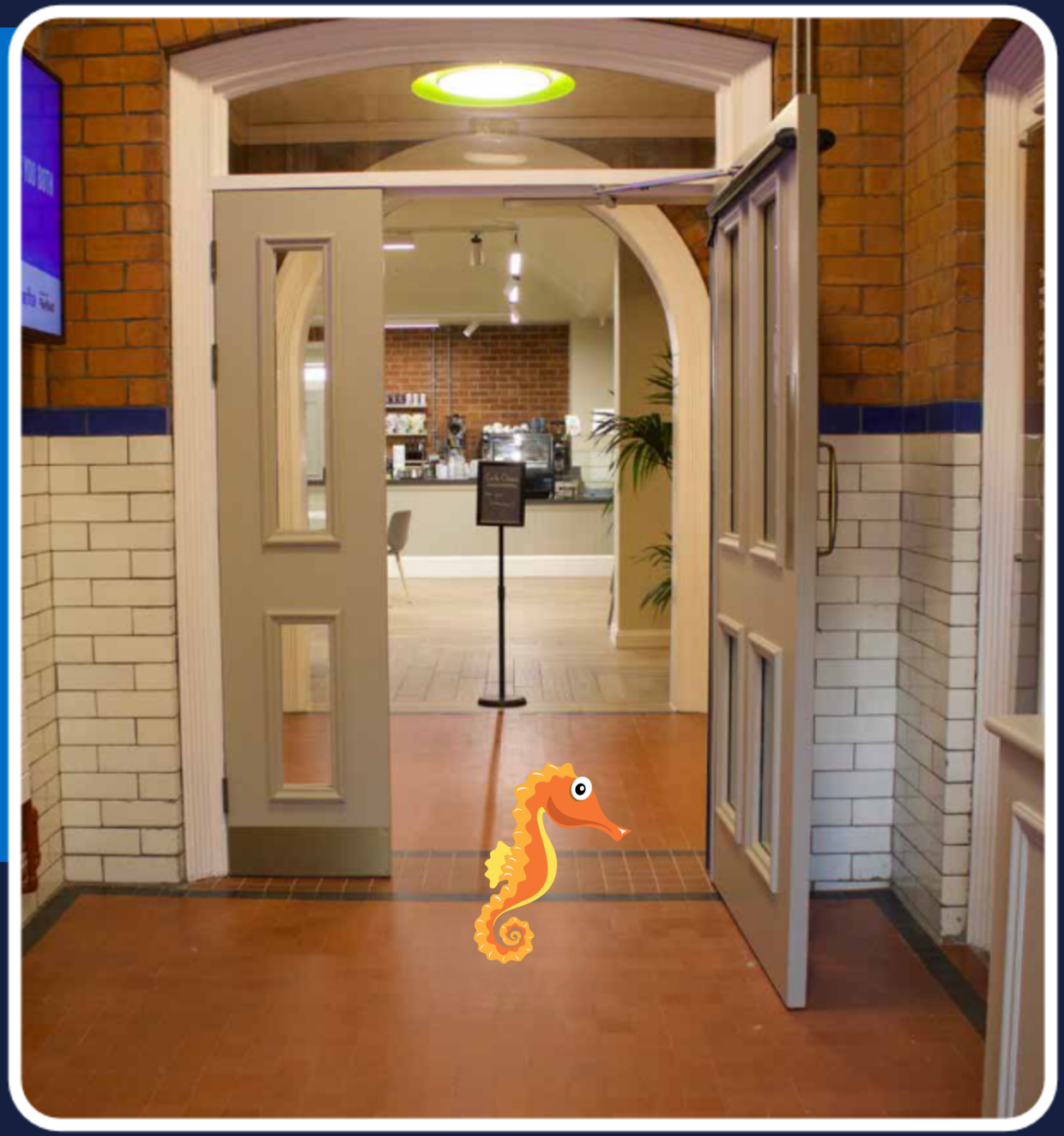
This is Templemore Baths. The pools are inside.



Belfast City Council

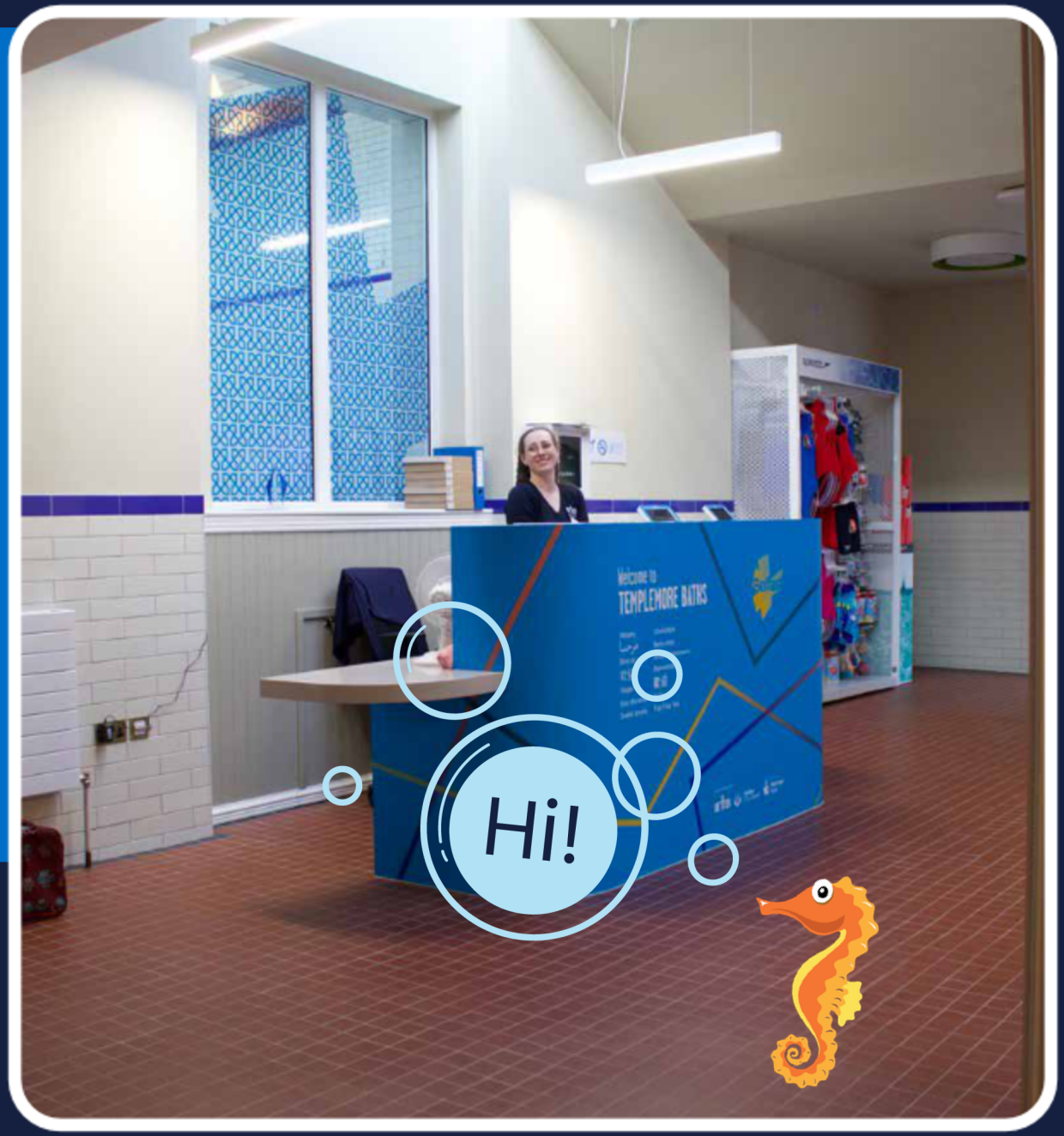
2

Follow through these doors to reception.



3

Say ‘Hi’ to the reception team and ask them to open the barriers for you.



4

Walk through the barriers when the reception team open them for you.



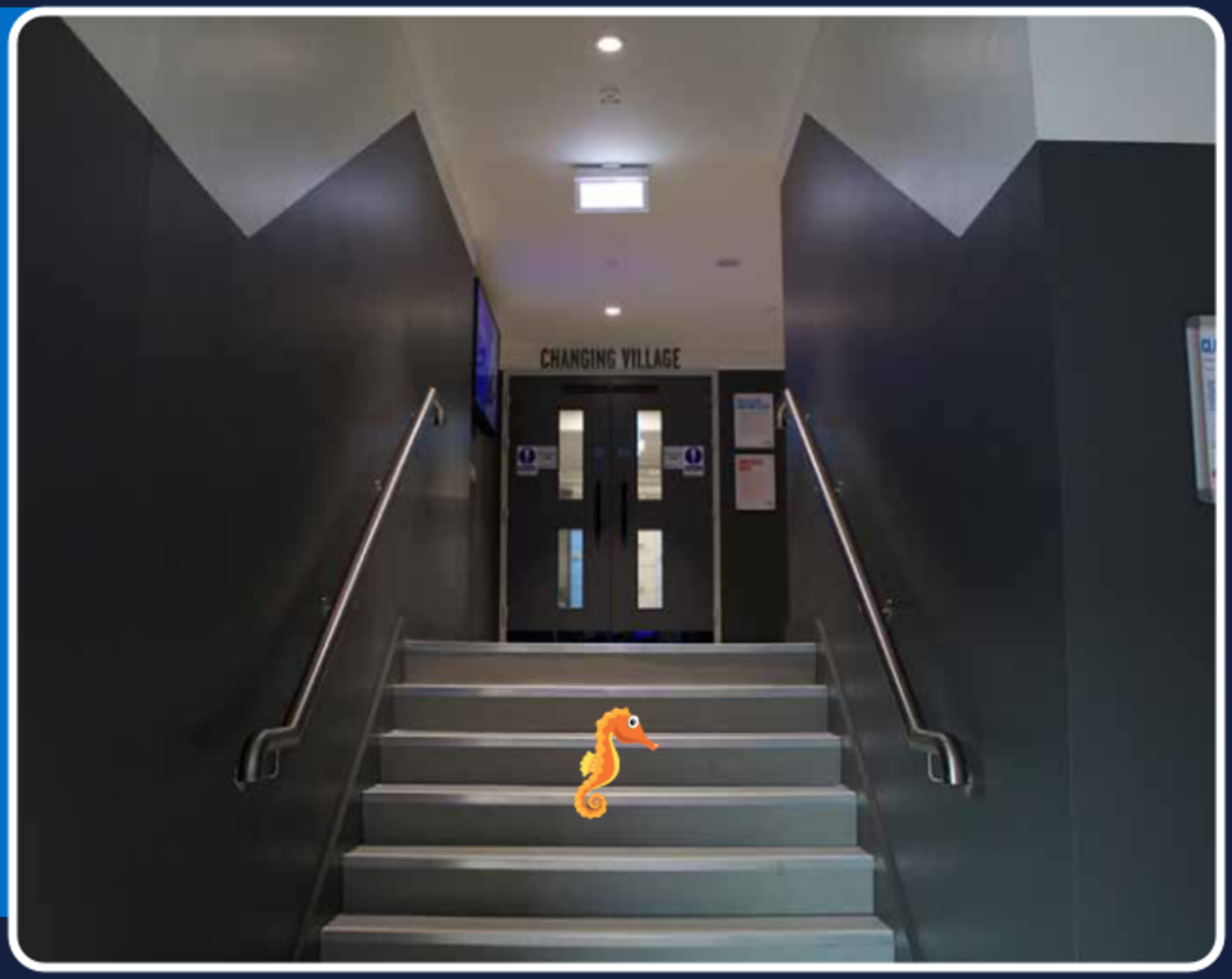
5

Turn left at the changing room signs.



6

Walk up the stairs to the entrance of the changing village.



We can change in these cubicles.

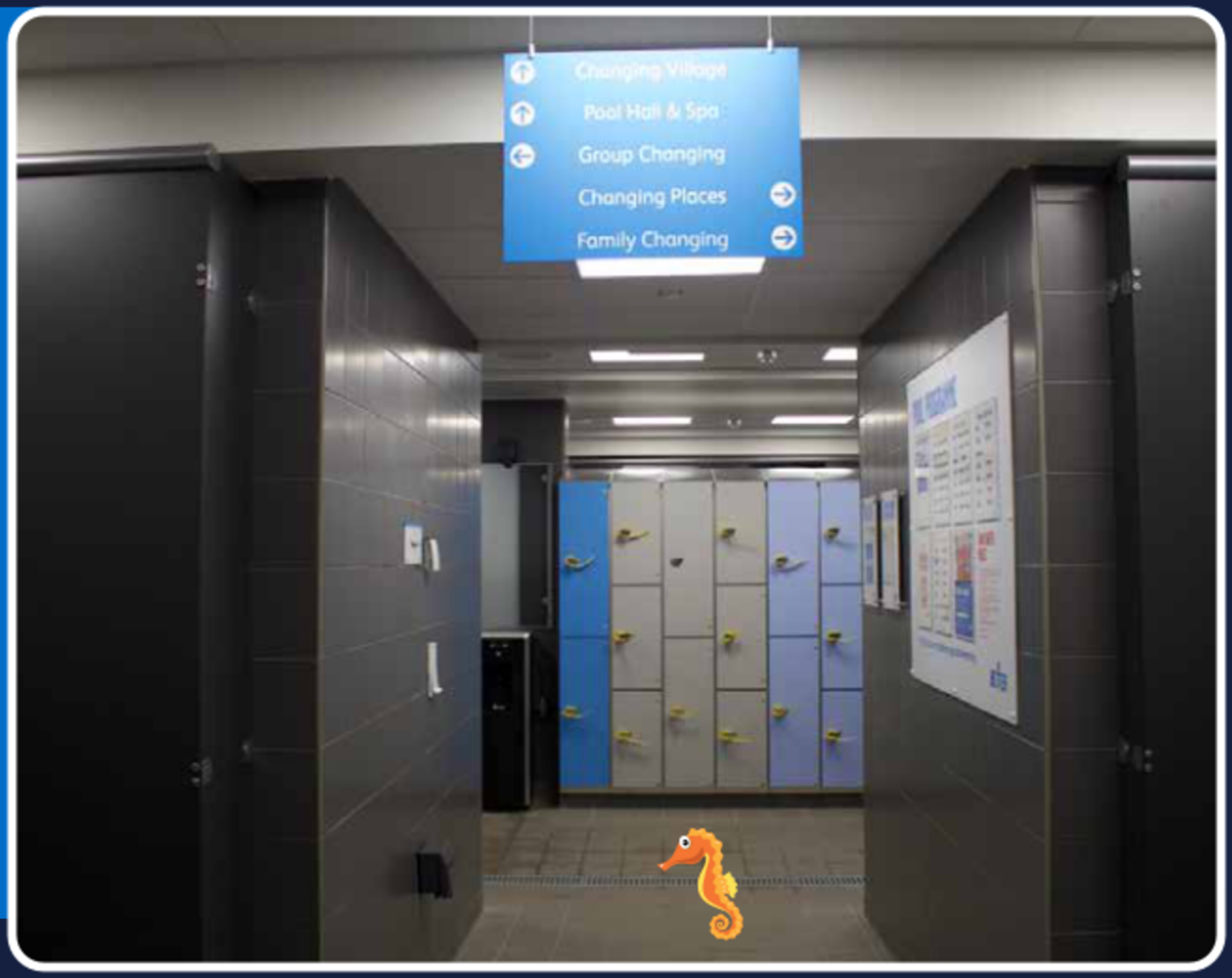


8

We can store our clothes in these lockers.

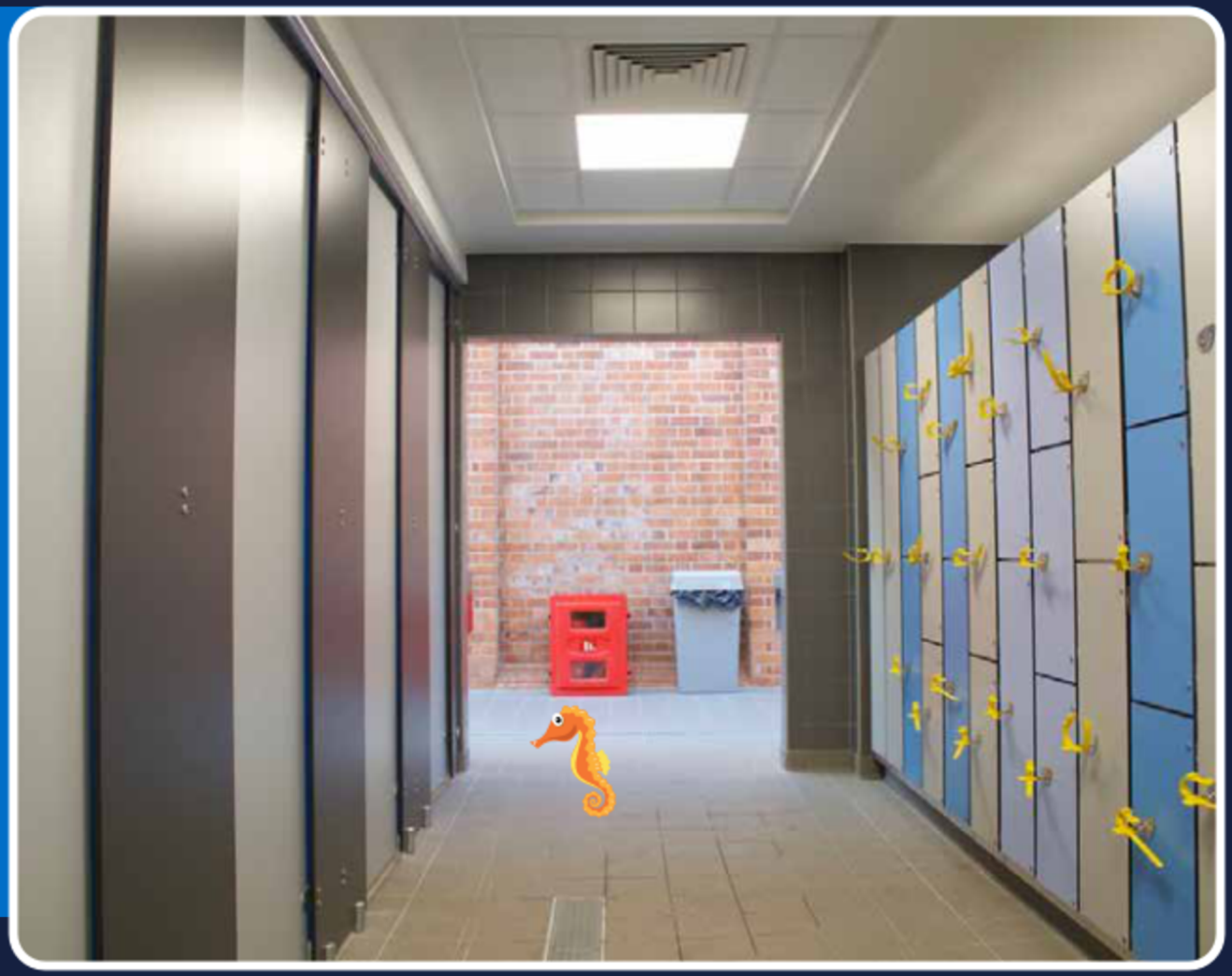


Follow the signs to the pool hall.



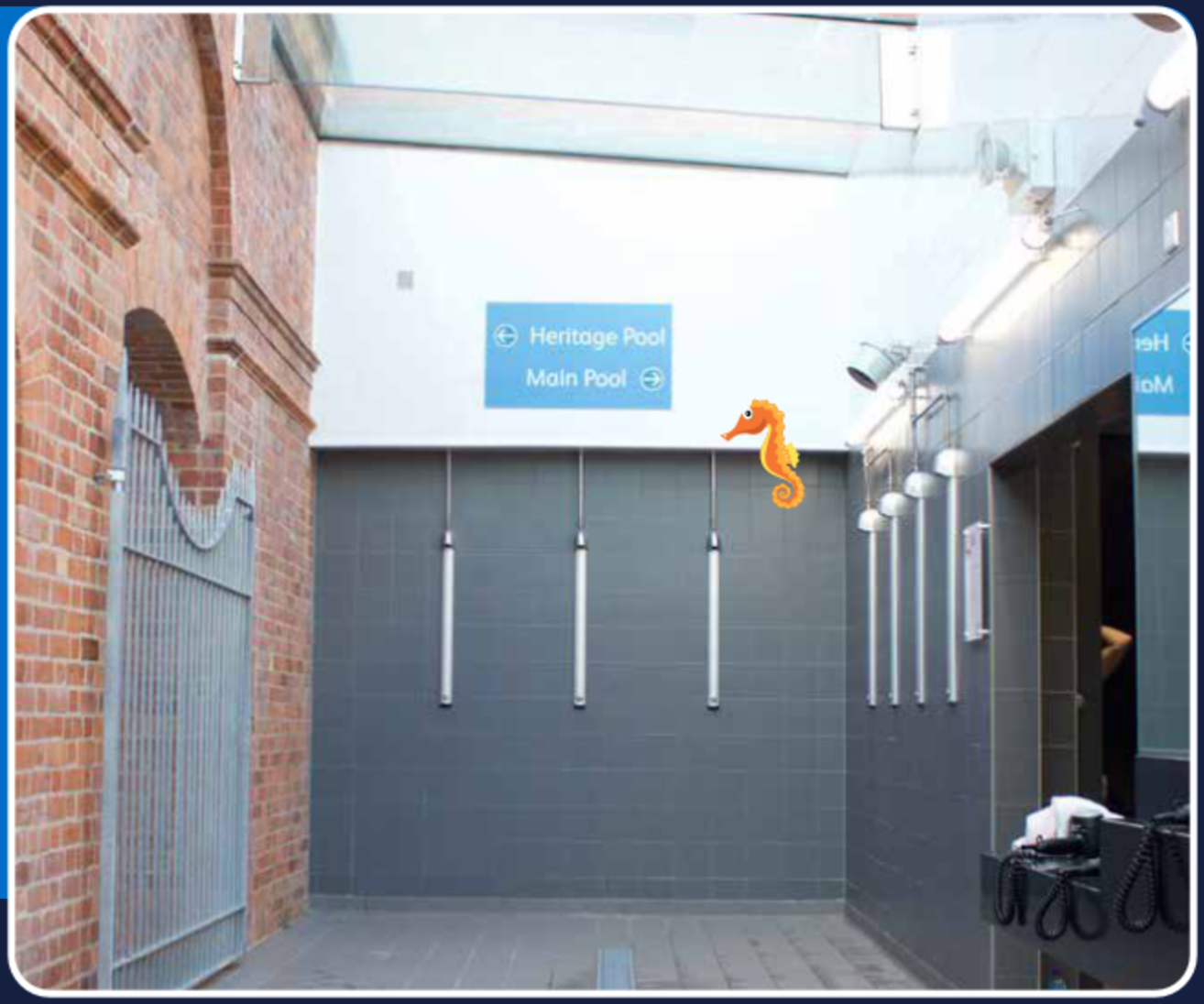
10

Turn left at the end of this corridor.



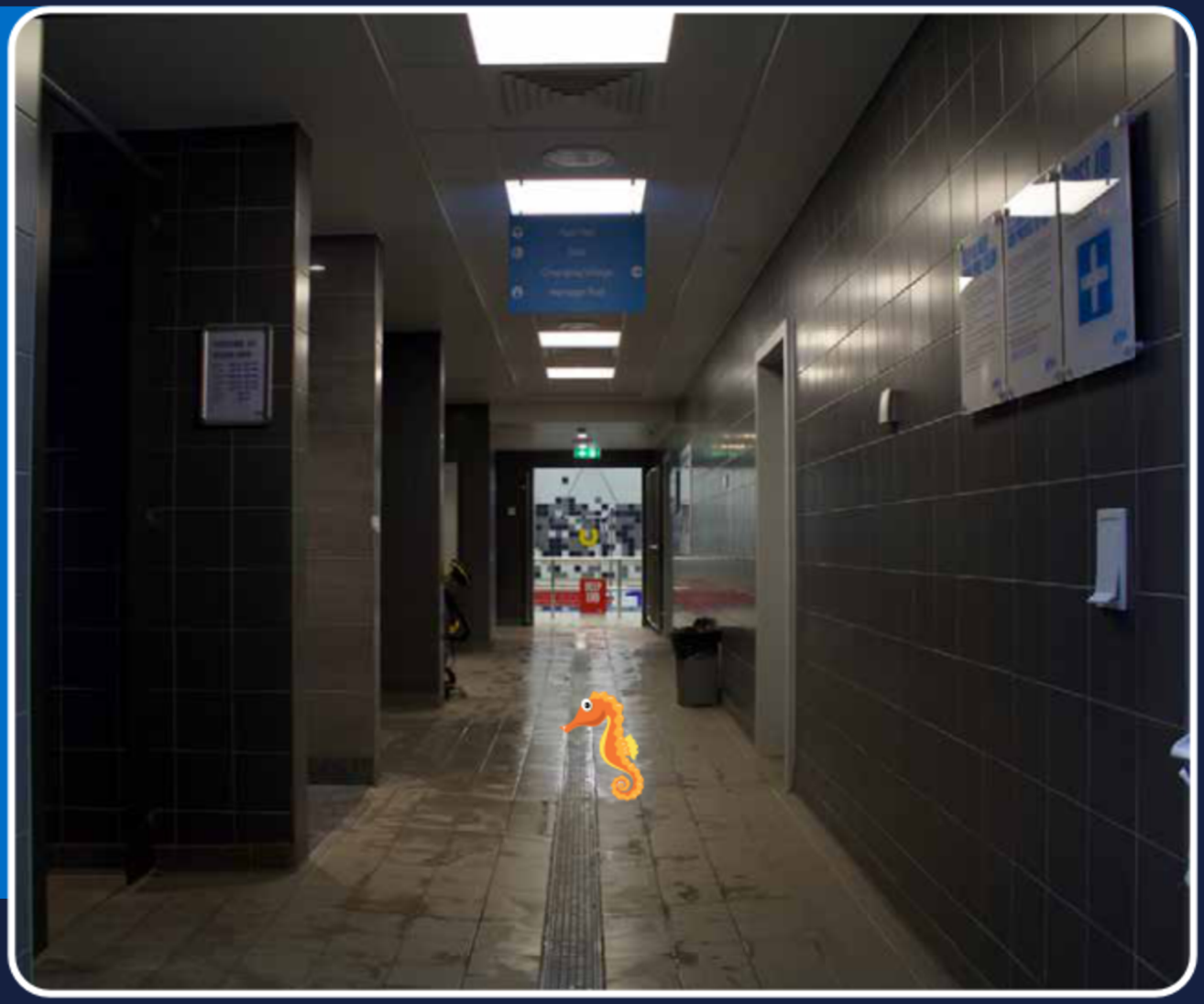
11

The entrances to the pools are to the left and right.



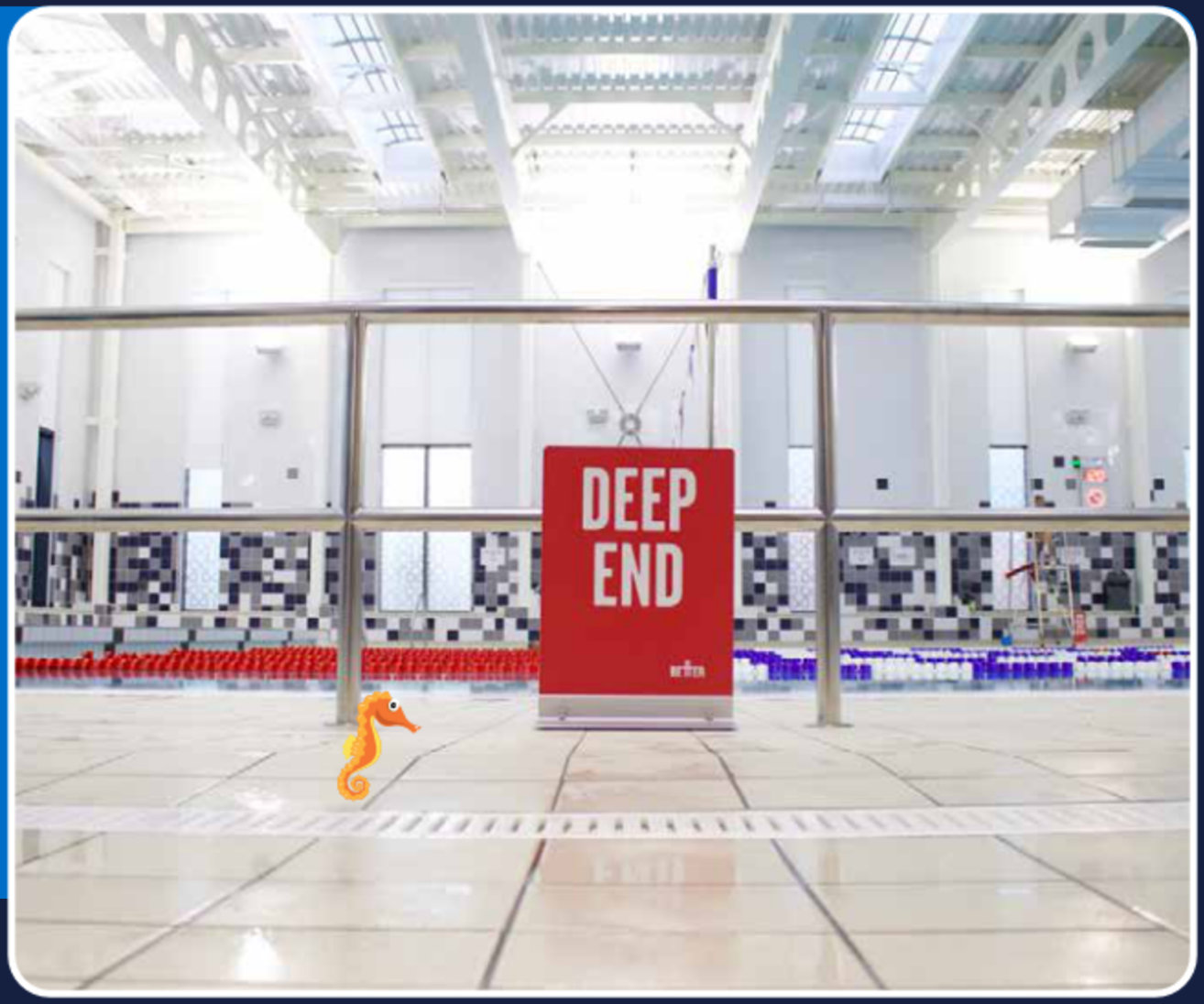
12

Turn right at the pool signs and follow the corridor to the main pool.



13

This is the main pool. Stay back from the deep end for safety.



14

We will wait here for our coach.



15

This is the main pool where we will have our session.



We will begin our session in the shallow end of the pool.



17

My carer will go to the spectator gallery to watch me.



18

My carer can see the whole pool from the spectator gallery.



19

My carer will meet me back here after my session.



20

I can have a shower here after my session.



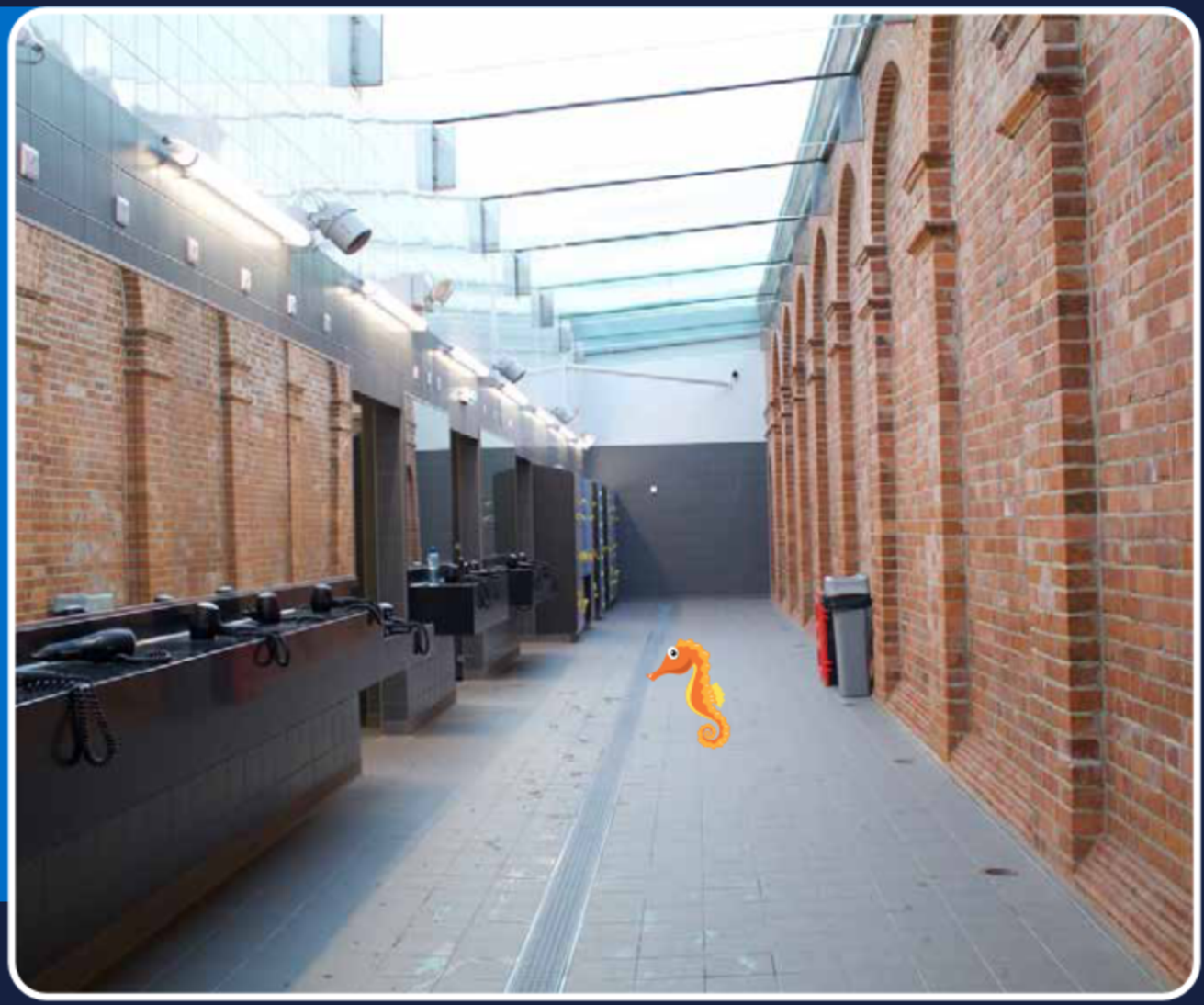
21

I can dry my hair after my session.



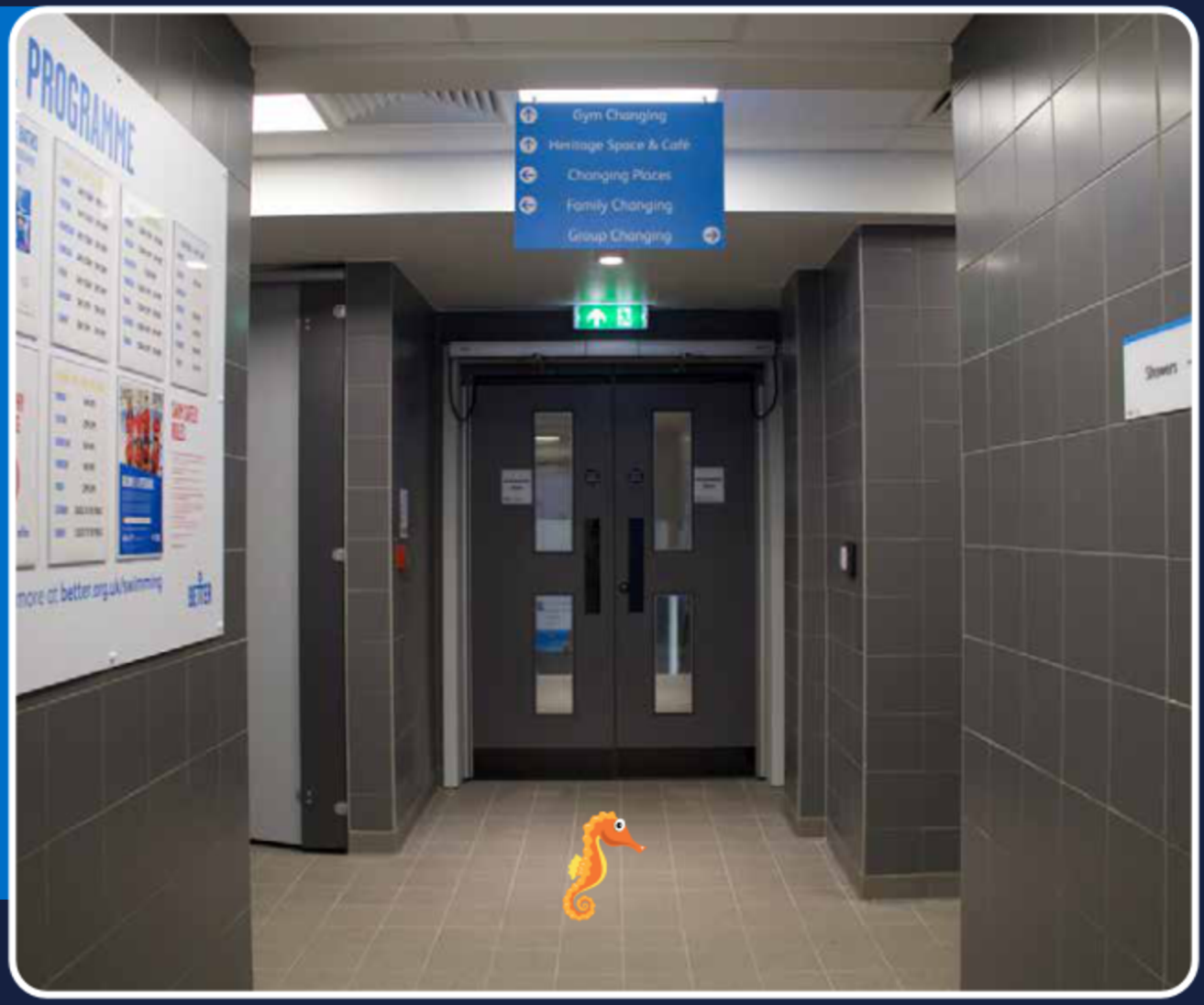
22

Go back along this corridor to the exit.



23

Follow the signs for the exit.



24

We exit the barriers by walking towards them and they will automatically open.



25

‘See you soon Buddies!’





www.swimmingbuddies.co.uk